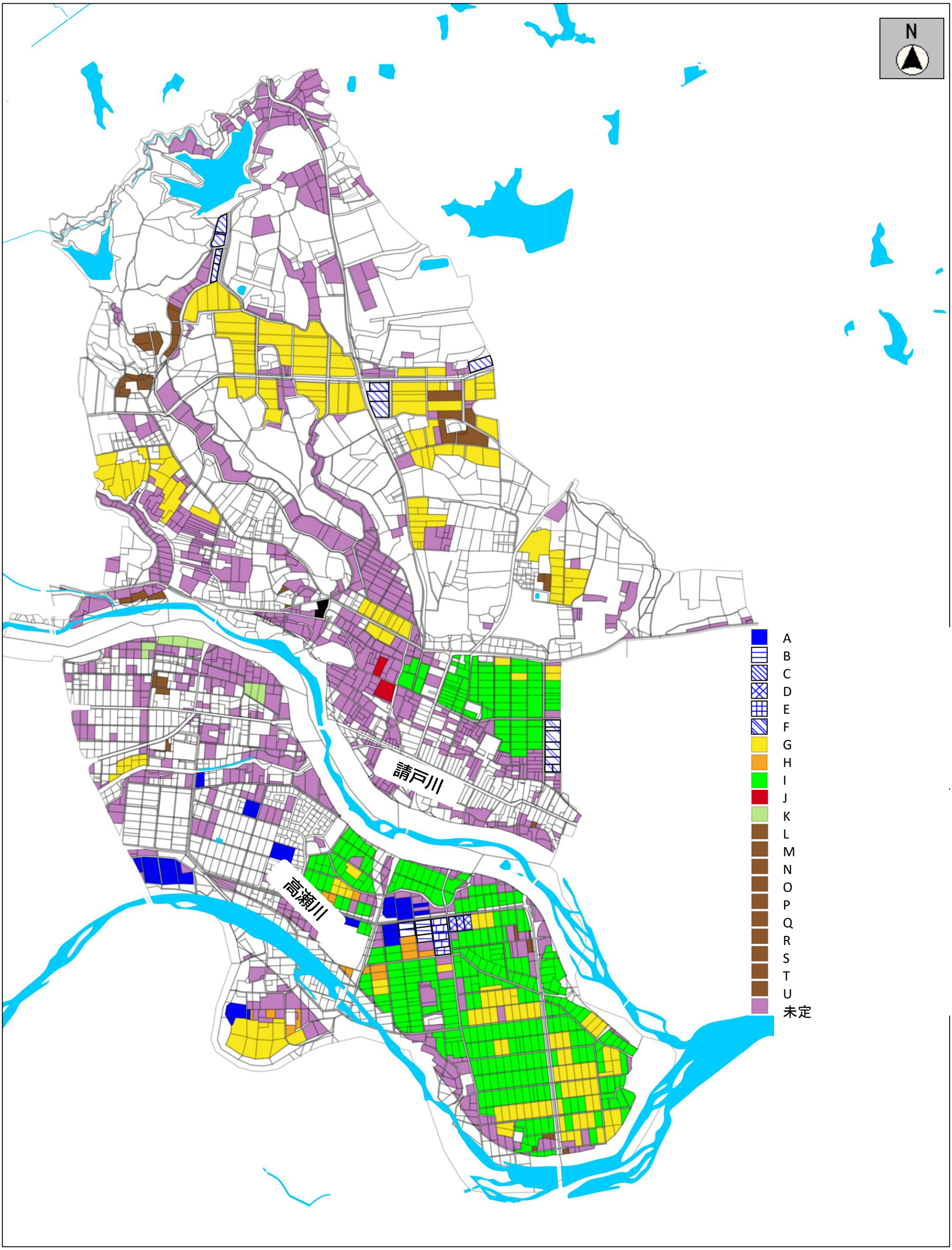標準マップ(A3縦)